# FREE

# Telemedicine and Wellness for ALL



**Xtension Health,** in association with **TeledocX International** now offers **ALL** employees who are not eligible for the full HealthWorX program, **FREE Telemedicine and Wellness services**. It is our mission to make certain that no man, woman, or child is without healthcare.

- Dr. John Zabasky,MA, MBA, PhD Executive Director



#### **Health Risk Assessment**

 Medical providers collect health information to assess an individual's health status, risks, and habits and provide feedback to help each individual towards a healthy lifestyle.



#### **Prescriptions**

Discounted prescriptions thru GoodRx.



#### **Mental Health**

Full Employee Assistance
 Program, along with life coaching.



## Chronic Condition Management

 An integrated care approach to managing illness which includes reminders for screenings and checkups, monitoring and patient education.

#### **Telemedicine**



- Unlimited virtual visits at no cost.
  Providers examine, diagnose, and provide treatment plans through telecommunication technology.
- Family dependents covered at no additional cost.

### **Help groups**



 For companies with a significant number of employees with a particular chronic condition, our medical providers can establish group programs to assist them in addition to their individual programs.

